



BULLETIN:

Child and Adult Care Food Program

Child & Adult Care Centers,
Emergency Shelters, OSHC, &
Sponsors of Family Day Care Homes
www.education.alaska.gov/tls/cnp

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To: CACFP Agencies
CACFP Program Reviewers

Date: October 5, 2017

From: Ann-Marie Martin
CACFP Coordinator

Bulletin: 2018-01

Program changes as a result of USDA Policy Memos and Technical Assistance Memos are to be implemented immediately. Please file this bulletin for reference, guidance, and compliance with the Child and Adult Care Food Program. Feel free to call the Child Nutrition Programs office if you need further clarification.

Bulletin Topics

1. New staff in DEED Child Nutrition Programs
2. Halftime Thirty on Thursdays Webinars from USDA
3. Local lunch even month of October
4. National Farm to School Month
5. Farm to ECE & Head Start: A Natural Alignment
6. Healthy Traditional Alaskan Foods
7. Interactive Recipe Analysis Workbook (RAW)
8. USDA Team Nutrition Child Care Resources
9. Meal Pattern Implementation Library from CACFP Roundtable
10. Mealtime Memo: Harvest Season

1. New Staff at DEED Child Nutrition Programs

Chris Mariano has joined the Child Nutrition Team as an Education Assistant for CACFP – welcome Chris!

2. CACFP Halftime: Thirty on Thursdays

On October 19, 2017, USDA's Team Nutrition initiative will present the first of a series of interactive, skills-building webinars on the updated Child and Adult Care Food Program (CACFP) meal patterns. FNS Regional Offices, State agencies, sponsoring organizations, and CACFP program operators, including child care providers, are invited to participate.

The webinar series, entitled *CACFP Halftime: Thirty on Thursdays*, will take place on the third Thursday of each month and will be offered in both English and Spanish. The English webinar will be held from 2:00-2:30pm ET, and the Spanish webinar will be held from 3:00-3:30pm ET. The webinars will be

recorded and made available at a later date on the Team Nutrition website (<https://www.fns.usda.gov/tn/team-nutrition>)

The *CACFP Halftime* webinar on October 19th will focus on how to “Choose Breakfast Cereals That Are Lower in Added Sugars” and will provide opportunities for the audience to practice looking at different cereals to see if they meet meal pattern requirements. The audience will have the opportunity to submit questions to the webinar presenters. To register for the Webinar, please visit the *CACFP Halftime Webinar* page at <https://www.fns.usda.gov/tn/cacfp-halftime-thirty-thursdays-training-webinar-series>

Future *CACFP Halftime* webinars will focus on other popular topics that include:

- Choose Yogurts That Are Lower in Added Sugars
- Serving Milk in the CACFP
- Menu Planning for the CACFP
- Identify Foods That Are Whole Grain-Rich
- Grain-Based Desserts in the CACFP
- How to Serve Meat and Meat Alternates Instead of Grains at Breakfast
- Offer Versus Serve in the CACFP
- Recipe Development and Crediting
- Meal Pattern for 13-18 Year Old Age Group
- Feeding Infants in the CACFP

3. Local lunch during the month of October



National Food Day is October 25th. To celebrate this day we are asking programs to volunteer to participate in a Local Lunch event during the month of October by serving food items that were grown or harvested in Alaska. If you have a Local Lunch day event, you could receive a special prize by just emailing us what you served that day.

Everyone who sends us Local Lunch Day information will be put in the drawing for prizes ranging from plush Garden Hero's figures to a Kids Nutrition Prize Box which includes bookmarks, Garden Bingo game, plush toys and other goodies. Please send the email by November 15th.

For more information please contact Sue Lampert at 907-465-8710 or sue.lampert@alaska.gov

4. National Farm to School Month

National Farm to School Month is taking place in October, Alaska Farm to School will be celebrating Alaska's agriculture industry among students and educators throughout the state. Many students will be participating by taking taste tests of Alaska Grown products, conducting nutrition education activities in the classroom, visiting farms, harvesting from their school gardens and much more. Alaska Farm to School has designated each week in October with a particular Alaska agriculture focus. The Farm to School Month weekly focuses are as follows:

Week of October 1st - Tubers and Roots of Alaska

A focus on potatoes, carrots, roots and tubers we eat in Alaska. On Wednesday, we will

recognize indigenous tubers and roots we eat: Eskimo Potatoes.

Week of October 8th- Meats we eat in Alaska

A focus on pork, beef, poultry and other game wildlife we consume. On Wednesday, we will recognize indigenous meats we eat: Caribou.

Week of October 15th - Leaves of Alaska

A focus on the leaves we eat includes cabbage and mixed greens. On Wednesday, we will recognize indigenous leaves we eat: Fiddlehead Ferns.

Week of October 22nd - Fish of Alaska

A focus on all of the varieties of fish and shellfish we consume and use in Alaska. On Wednesday, we will recognize the indigenous fish we eat: Salmon.

Week of October 29th - Fruits of Alaska

A focus on all of the fruits and berry varieties we consume in Alaska. On Wednesday, we will recognize the indigenous fruits we eat: Salmonberries.

National Farm to School Month was designated by Congress in 2010 to demonstrate the growing importance of farm to school programs as a means to improve child nutrition, support local economies and educate children about the origins of food. For activity ideas and information, please contact Alaska Farm to School Coordinator Jodie Anderson at jodie.anderson@alaska.gov or call 907-761-3854

5. Farm to ECE & Head Start: A Natural Alignment

Farm to early care and education strongly aligns with and supports Head Start priority areas, including an emphasis on experiential learning opportunities, parent and community engagement, and life-long health and wellness for children, families, and caregivers.

To make it even easier for Head Start stakeholders to implement farm to ECE, the National Farm to School Network has created [*Growing Head Start Success with Farm to Early Care and Education*](#). This new, comprehensive resource aims to promote understanding amongst Head Start stakeholders of how farm to ECE supports achievement of [Head Start Program Performance Standards](#) and contributes to learning and development benchmarks as outlined in the [Head Start Early Learning Outcomes Framework](#).

To dig into this new resource and find additional ways to get involved in farm to ECE, visit the [National Farm to School Network's Farm to ECE Landing Page](#). NFSN is available to provide additional training, customized support and tools for your organization on a consultation basis.

To learn more, contact Lacy Stephens, Farm to Early Care and Education Associate, at lacy@farmtoschool.org.

6. Healthy Traditional Alaska Foods in Food Service Programs

This resource that was created to assist those programs that wish to use traditional foods in their child nutrition programs. You can find it on the Traditional Foods and Donated Fish and Game page of the Child Nutrition Website: <https://education.alaska.gov/tls/cnp/TFDFG.html>.

7. Interactive Recipe Analysis Workbook (RAW)

Hot off the press! The Food Buying Guide for Child Nutrition Programs (FBG) Interactive Web-Based Tool now includes a new component, the Recipe Analysis Workbook (RAW). The RAW helps program operators determine the meal pattern contribution for their recipes! You can now easily search for creditable ingredients, calculate the meal pattern contribution, and print a contribution statement. Stay tuned for more upcoming releases related to the FBG to include a downloadable version and a Mobile App!

The Food Buying Guide for Child Nutrition Programs (FBG) is the essential tool for food yield information for all Child Nutrition Programs, helping you: 1) purchase the correct amounts of foods and 2) determine the meal pattern contribution.

The FBG Interactive Web-Based Tool (released July 2017) allows you to:

- Easily search and navigate food yields,
- Compare food yields, and
- Create and save favorite foods lists.

It also includes the interactive Product Formulation Statement Workbook, allowing manufacturers to easily calculate their product's contribution statement and generate crediting documentation. It's now easier than ever to access the new [Food Buying Guide for Child Nutrition Programs Interactive Web-based Tool](#). Create your account and verify with one simple click!

8. USDA Team Nutrition Child Care Resources

Resources can be found at: <https://www.fns.usda.gov/tn/cacfp-meal-pattern-training-tools>



Poster Series: "Serve Tasty and Healthy Foods in the CACFP"

- Sample meals for Children Ages 1-2
- Sample Meals for Children Ages 3-5
- Sample Meals for Children Ages 6-2 and 13-18
- Sample Meal for Adults

Training Worksheets – provided at the meal pattern training last spring and this summer

Choose Yogurts That Are Lower in Added Sugars
Choose Breakfast Cereals That Are Lower in Added Sugars
Serving Milk in the CACFP
Growing A Healthier Future With the CACFP

9. Meal Pattern Implementation Library from the Child Care Food Program Roundtable



Welcome to the CACFP Meal Pattern Implementation Library. No membership required.

The Child Care Food Program Roundtable has created a CACFP New Meal Pattern Implementation Library for your use. This library includes CACFP Sponsors, State Agency, Partners and USDA Agency New CACFP Meal Pattern materials, trainings, ideas and tools being used for implementation of the New CACFP Meal Patterns.

If there are any materials developed by your organization or others to share, please [email](#) them to the Roundtable and we will upload them to the library.

<http://ccfpconference.weebly.com/cacfp-meal-pattern-implementation-library.html>

10. Mealtime Memo – Harvest Season

This Mealtime Memo focuses on cider and reminding providers to serve pasteurized cider as children are high-risk individuals whose immune systems have not fully developed.. You can find the Mealtime Memo at the CACFP Bulletins page: <http://education.alaska.gov/tls/cnp/CACFP4.html>.

Contact Information

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Commonly Used Acronyms

CACFP – Child and Adult Care Food Program
CNP – Child Nutrition Programs
FNS – Food & Nutrition Services
FNSRO-Food & Nut Services Reg. Office
USDA – U.S. Department of Agriculture
LEA – Local Education Authority
DEC – Department of Conservation

All attachments for this bulletin can be found on the State of Alaska Child Nutrition Programs, CACFP Bulletins page: <http://education.alaska.gov/tls/cnp/CACFP4.html>.

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- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

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